

**FIRST STRIDES VERMONT 2019**

**Timed Mile Results**

Name		May 8	July 17
Alanna	Hayden	15:21.0	12:47.3
Ali	Schwartz	12:25.2	
Alyson	Sarraga	20:32.1	
Amy	Trimble		11:39.7
Ann	Smith	12:32.5	
Audrie	Poole	12:13.4	
Barb	Winters	15:00.4	14:28.1
Barb	Baker	16:46.8	17:18.6
Barbara	Doherty	15:48.3	
Bethany	Sheldon	16:49.1	13:10.4
Bobbi	Abbott	11:19.2	
Bonnie	Belfield	10:57.8	
Brandie	Benoit	16:16.4	
Brenda	Parker	16:17.7	13:43.7
Carolyn	Hallock	22:05.4	
Cathy	Christiansen	12:43.9	11:02.0
Cathy	Litchfield	NT	
Cecile	Provost	13:59.0	
Chantal	Beliveau	16:24.2	14:53.6
Cheri	Keith	11:16.3	
Christine	O'Neill	14:26.4	
Chrysta	Daniels	17:01.5	
Cindy	Cowie		13:50.6
Claire	Giroux-Williams	15:11.5	12:02.0
Colleen	Moore	16:41.9	
Connie	Dollinger	9:19.0	
Cynthia	Cooley	16:29.9	13:44.1
Dawn	Irwin	10:21.7	
Deanna	Garrett-Ostermiller	15:03.2	11:49.6
Deb	Weinberg	16:17.1	13:48.3
Deborah	Schapiro	15:24.8	16:17.4
Deborah	Henry	15:35.1	
Debrenee	Fisher	18:54.0	
Desiree	De Waal	16:44.0	13:37.4
Diane	Chamberlain	10:27.2	
Dianna	Palmer	14:23.6	
Donna	August	15:21.3	
Emily	Hood-Pouliot	12:40.2	
Emily	Downing Ponce		14:03.2
Erika	Hunneman	19:08.7	
Erin	Ahearn	19:26.4	
Francine	Mellott	9:45.5	
Gretchen	Desautels	16:48.5	16:44.4
Hannah	Helme	16:49.8	
Hayden	Dodge	14:49.6	
Heather	Hunneman	19:27.6	
Heidi	Philbrook	15:51.3	12:14.6
Heidi	Fox	17:01.1	
Holly	Turner	17:34.5	
Jan	Shaw	18:37.5	
Janet	Stecklare	14:24.5	
Janice	O'Donald	18:41.5	
Janine	Breton	14:18.6	
Jean	Campbell	16:20.2	12:28.0
Jeanne	Kennedy	12:42.5	11:44.7
Jeanne	Buley	15:36.3	14:41.8
Jen	Patrick		11:12.8
Jennifer	Garrett-Ostermiller	11:24.2	9:53.6
Jennifer	Robbins	13:35.2	
Jennifer	Dickinson		10:22.8
Jessanne	Wyman	20:24.4	18:05.6
Jill	Carberry	12:47.7	
Jo Ellen	Swaine	16:02.7	13:25.3
Joan	Novelli	14:16.8	
Joanne	Brinkerhoff		14:22.8
Jody	Lesko	14:25.5	
Josette	Luarte	9:18.5	
Judy	Ingalls	17:23.1	
Julie	Thompson	10:51.7	14:07.5
Kaitlin	Scherber		13:00.5
Karen	Loso	16:21.2	13:26.6
Karen	Carlson	19:24.1	18:03.2
Karla	Karstens	15:02.4	
Katelyn	Macrae	17:24.9	14:48.5
Katherine	Duggan	13:07.5	9:50.4
Kathie Voigt	Walsh	17:32.4	15:44.2
Kathleen	Williams	17:25.7	

Name		May 8	July 17
Kathleen	Bradshaw	21:55.8	
Kathleen B	Cramer	16:38.6	
Katlin	Cunningham	9:21.6	8:28.1
Katy	Lord	9:22.0	8:27.8
Kaycee	Severance	9:23.0	8:28.4
Kim	Bryan-Swartz	11:43.6	9:55.5
Kimberly	Hess	11:20.9	
Kirsten	Isgro	15:31.4	13:38.2
Kris	Gleason	14:17.4	17:20.3
Kristen	Pavelock	12:38.7	
Kristie	Salyer	13:32.6	
Laura	Clements	11:31.8	10:12.4
Laura	Lynch	17:33.8	
Lauren	Axelrod	14:09.1	16:44.6
Lena	Cannizzaro Goglia	13:56.7	11:11.9
Linda	Scrivens	18:43.6	
Linnea	Lachman	15:59.5	
Lisa	Courcy	20:23.9	
Lori	Aldrich		13:01.1
Lynn	Distler	15:02.8	10:55.8
Maggie	Lambert	13:57.5	
Makenzie	Godfrey	10:25.4	
Mandy	Applin	13:59.7	
Margaret	Scotti	11:20.1	10:26.2
Maria	Boyson	12:35.4	
Marian	Mumford	13:55.8	
Marie	Baker	13:02.7	
Martha	Davis	13:55.1	
Martha	Frost	22:06.4	
Mary	Cannizzaro-Barton	16:22.9	16:35.0
Meagan	Eastman	18:09.2	
Meg	Freebern	15:49.6	17:19.1
Megan	Downing	16:53.0	14:14.1
Melissa	Flores	15:46.1	
Michelle	Ogle	16:03.3	12:14.8
Mora	Lorrain	10:55.5	
Muffy	Deslaurier	14:09.8	13:31.6
Nancy	Bradford	12:41.1	
Niki	Hayes	11:32.3	9:40.5
Norma	Paquette	20:18.6	
Pam	Kozikowski	16:41.2	15:44.0
Paula	Gervia	14:25.0	11:16.9
Phyllis	George	17:17.0	15:15.7
Rae	Bunce	21:56.2	
Rebecca	Ashford	15:05.3	12:38.7
Sally	Wadhams	17:01.9	14:53.7
Samantha	Garrison	9:22.6	
Sara	Sorensen	9:47.2	
Sara	Solnick	15:42.8	13:38.5
Sarah	Friend	11:22.7	
Sarah	Couture	11:40.4	9:19.0
Sarah	Jerger	12:08.7	9:30.3
Sarah	Klionsky		10:11.9
Sarah	Ward	17:18.3	
Sarahjane	Dube	13:58.3	
Shani	Varricchione	13:41.0	
Sharon	Kelley	11:00.1	9:47.9
Sheila	Chamberlin	16:12.9	
Shelby	Lemieux	17:35.7	14:05.9
Silvia	Failla	12:28.7	
Stacy	Myers	16:14.2	
Stacy	Lewis	20:31.3	18:05.9
Stefanie	Gallant	14:30.0	
Sue	Strang	11:18.0	9:44.8
Sue	Roberge	14:30.6	14:49.2
Sue	Downing	17:22.7	16:19.3
Sujata	Singh	16:13.8	
Susan	Giovannetti	13:03.2	
Susan	Hood	15:57.5	
Suzanne	Sugar	14:31.4	11:46.9
Suzanne	Turner		13:52.0
Teela	Dufresne	22:32.9	
Teri	Litchfield	19:17.0	
Terri	Page	21:20.2	
Vanessa	Clark	9:36.5	8:28.6
Vanessa	Butler	14:29.4	11:04.8
Vicki	Trueman	22:00.6	